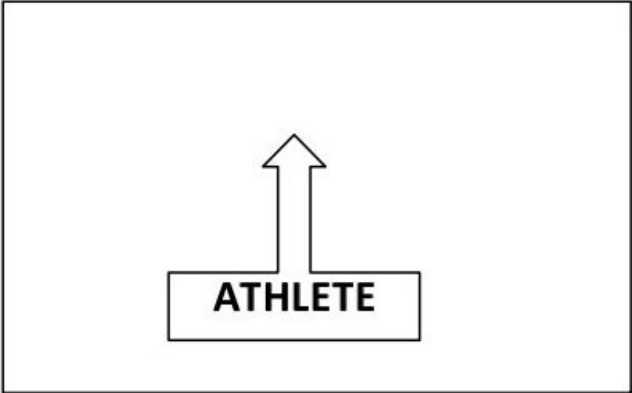


# 1st TAMIL NADU STATE ONLINE POOMSAE TAEKWONDO CHAMPIONSHIP 2020

646/6.Govindhasamy St, Vanniyar Nagar, Periyapudur, Salem – 636 016

## OUT-LINE

<b>Competition Date</b>	<b>27<sup>th</sup> &amp; 28<sup>th</sup> December, 2020.</b>
<b>Venue</b>	ONLINE – (UplodedPoomsae Video on <b>You Tube</b> )
<b>Organizer</b>	<b>TAMIL NADU TAEKWONDO ASSOCIATION®</b> 646/6. Govindhasamy St, Vanniyar Nagar, Periyapudur, Salem -636 016
<b>Competition Rules</b>	WT Poomsae Competition Rules & TNTA Rules
<b>Events</b> (Boys & Girls)	<input type="checkbox"/> Individual Poomsae <input type="checkbox"/> Pair Poomsae <input type="checkbox"/> GroupPoomsae
<b>Registration Fees</b> <b>(Non Refundable In AnyCircumstances)</b>	<b>Rs. 500/- Per Participant Per Event</b>
<b>Fee Deposit</b>	<b>TAMIL NADU TAEKWONDO ASSOCIATION</b> <b>STATE BANK OF INDIA, SRI RANGAPALAYA, SALEM.</b> <b>A/C NO: 10764103898IFSC Code: SBIN0001970</b>  District Secretary's should Collect the Application Form, Video Link & Fee from the Consent Club/Instructor/Players and Deposit Competition fee to TNTA Account (Bank Account detail Mentioned Above) on or before deadline date <b>20 December 2020</b> . Receipt copy of fees deposit must be send to The "TNTA District Secretary" Whatsapp Group.
<b>Online Registration Link</b>	<b><a href="https://forms.gle/xQnBvmSHsHtVR5tEA">https://forms.gle/xQnBvmSHsHtVR5tEA</a></b> Registration Link will be send to TNTA Whatsapp Group also
<b>Last Date Of Registration With Video (Registration Deadline)</b>	<b>20<sup>th</sup> December 2020 – 11.59 PM.</b>
<b>Last Date Of Fee Deposit (Fee Deposit Deadline)</b>	<b>21<sup>st</sup> December 2020.</b>
<b>Head Of Team Meeting</b>	Meeting of The Head of Team will be conducted on Zoom app. Online meeting link will be sent to your whatsapp number.
<b>Competition Results</b>	The results will be declared on 30 <sup>th</sup> December 2020. It will be Published on Website: <a href="http://www.tnta.org.in">www.tnta.org.in</a> , facebook: @TamilnaduTaekwondoTNTA

<p><b>Video Regulation of Poomase</b></p>	<ul style="list-style-type: none"> <li>❖ The Athlete shall be 100% full body inside the screen. Otherwise penalty will be deducted or disqualified.</li> <li>❖ Cameraman is not allowed to move.</li> <li>❖ The camera must be in the front of the athlete. Side or rear view will be dis-qualified.</li> <li>❖ If the Athlete’s elbow and knee is out of frame, it will be considered as dis-qualification or penalty.</li> <li>❖ If the athlete’s wrist and ankle is out of frame, it will be - 0.3 deduction each time on accuracy points.</li> <li>❖ When the location is limited and performance is restricted, make sure to keep at least 2 metres of space at the end of the activity distance so that a part of the body is not visible or stops or interferes with the progress line.</li> <li>❖ Athletes shouldn’t put the camera from high to the bottom. Please prepare high quality camera or mobile phone including the surrounding sounds to avoid the noise for judgment (Quite location with mats is benefit to athletes).</li> <li>❖ The winner need to prove their identities to their head of team to claim the rewards.</li> </ul> <p style="text-align: center;"><b>VIDEO CAMERA POSITION</b></p> <div style="text-align: center;">  </div>
<p><b>Online Registration Procedure</b></p>	<ul style="list-style-type: none"> <li>❖ District Secretary’s Collect the Application Form &amp; Video Link from the Consent Club/Instructor/Players</li> <li>❖ Fill the Google forms link along with Application form.</li> <li>❖ Read the Outline Fully before Registration</li> </ul>
<p><b>Attachment</b></p>	<ol style="list-style-type: none"> <li>1. Player Passport size photo</li> <li>2. Application Form ( Must signed by concert District Secretary along with District Seal)</li> <li>3. You Tube Video Link</li> </ol> <p><b>District Secretary’s must took responsibility for Fill the online Application Forms and fees Payments.</b></p>

<p><b>Youtube Video Name:</b></p>	<p>By registering to compete in this event, you are agreeing to upload your video on YouTube and that you will send us the links of your uploaded videos through your entry email to us so that videos may be viewed by our Judge and by members of the Public. Your uploaded videos on YouTube should contain the following requested :</p> <p>Competitor: First Name and Surname</p> <p>Category : Under 60</p> <p>Gender : (M for Male, F for Female)</p> <p>Competition name in Short format : (TNTA2020) instead of TAMIL NADU TAEKWONDO ASSOCIATION-2020</p> <p><b>Example : MANOHAR .K -UNDER 60-M-CHENNAI-TNTA2020</b></p>
<p><b>Video clip of Participants :</b></p>	<p>The following checkpoints must be included strictly:</p> <ul style="list-style-type: none"> <li>❖ The Poomsae performed can be video recorded indoors or outdoors.</li> <li>❖ Participant must wear taekwondo uniform with the correct belt.</li> <li>❖ Participants are not allowed to wear any type of shoes.</li> <li>❖ Male participants are not allowed to wear a T-shirt under taekwondo uniform.</li> <li>❖ Female participants are required to wear a T-shirt under their taekwondo uniform.</li> <li>❖ Participants may not wear any type of jewellery.</li> <li>❖ Participants starting position must face the camera.</li> <li>❖ The location of the Person filming shall not change.</li> <li>❖ Recording with your camera (mobile) must be done by recording horizontally. Recordings must be in good quality, 720p at 60 frames per second is highly recommendable.</li> <li>❖ Lower quality video recording may result in the referees not being able to score your poomsae performance.</li> <li>❖ Participant must at all times be 100% full body inside the screen during performance.</li> <li>❖ There should be no disturbance during poomsae performance in the clip.</li> <li>❖ No other persons should be visible in the video except the athlete performing the poomsae. NO MUSIC.</li> </ul>
<p><b>Certificate</b></p>	<p><b>Certificate will be given to all the participants and medal winners</b></p>

<p><b>Method Of Competition For Poomsae</b></p>	<p><b>For Kids &amp; Sub Junior -Colour &amp; Black Belt Events :-</b> Group of 4 &amp; Cut-off System. Medals &amp; Certificates will be given to all the athletes.</p> <p><b>For Cadet, Junior &amp; Senior Events - Cut-Off system :-</b> *If the number of participants in each category are less than 30 competitors, then top 8 competitors will be selected from out of 30 competitors for Final Competition. *If number of participants is more than 30 Competitors Then competitions will be conducted for Preliminary, Semi-Final &amp; Final Competition.</p>
<p><b>Disqualification:</b></p>	<p><b>The following situations may result in disqualification as per decision of the CSB.</b></p> <ul style="list-style-type: none"> <li>❖ Contestants wearing the wrong belt colours</li> <li>❖ Contestants that have registered but Video NOT provided.</li> <li>❖ Video that has been used in any other competition.</li> <li>❖ Video with music during performance.</li> <li>❖ Contestants who submitted videos that are NOT filmed continuously between the first and the second poomsae.</li> <li>❖ Contestants wearing footwear.</li> <li>❖ Contestants competing in the wrong division.</li> <li>❖ Videos containing political or religious propaganda.</li> <li>❖ Videos containing profanity or indecent images and gestures.</li> </ul>
<p><b>Uniform :</b></p>	<p>Both Kyorugi and Poomsae Uniforms are permitted. <b>Shoes are not permitted in all the event.</b></p>
<p><b>Awards:</b></p>	<p>1<sup>st</sup> Place : Gold Medal 2<sup>nd</sup> Place : Silver Medal 3<sup>rd</sup> Place : Two Bronze Medal <b>*Medals &amp; Certificate shall be sent by courier service.</b></p>
<p><b>For Contact :</b></p>	<p><b>For Competition : P. SELVAMANI, M.A., 7<sup>th</sup> Dan – 94434 96302</b> For Technical: K . Manohar, 6<sup>th</sup> Dan., – 9884443357 P. Shankar, 6<sup>th</sup> Dan., - 8778201143 S. Kothandan, 6<sup>th</sup> Dan., –8668186941 For Online Support : N. Dharmarajan, MCA., NIS., 4<sup>th</sup> Dan – 9786219098, 8072055361</p>

The Organizers reserve the right to make any changes during or before the competition even without prior information to the Participants/ Teams/Coaches/ Managers

**Kindly send all the participation application forms through courier to TNTA General Secretary Address.**

# 1<sup>st</sup> TAMIL NADU STATE ONLINE POOMSAE TAEKWONDO CHAMPIONSHIP-2020

**Tamil Nadu Taekwondo Association®**

646/6.Govindhasamy St, Vanniyar Nagar, Periyapudur, Salem – 636 016.

## Poomsae Categories (Both Boys & Girls)

( For Kids, Under 11, 14 & 17 Years (Individual, Pair & Group Poomsae)

Kids	White to Yellow 1 Belts	Taeguk 1
	Green to Green 1 Belts	Taeguk 3
	Blue to Blue 1 Belts	Taeguk 5
	Red to Red 1 Belts	Taeguk 6
Under 11 Years 1/1/2009 & 31/12/2013	White to Yellow 1 Belts	Taeguk 1
	Green to Green 1 Belts	Taeguk 3
	Blue to Blue 1 Belts	Taeguk 5
	Red to Red 1 Belts	Taeguk 6
	Black Belt	Taeguk 6 & 8
Under 14 Years 1/1/2006 & 31/12/2008	White to Yellow 1 Belts	Taeguk 1
	Green to Green 1 Belts	Taeguk 3
	Blue to Blue 1 Belts	Taeguk 5
	Red to Red 1 Belts	Taeguk 6
	Black Belt	Taeguk 6 & 8
Under 17 Years 1/1/2003 & 31/12/2005	Black Belt	Taeguk 7 & 8
<b>Senior - Individual Poomsae Details</b>		
Under 30 Years 1/1/1990 & 31/12/2002	Black Belt	Koryo & Taeback
Under 40 Years 1/1/1980 & 31/12/1989	Black Belt	Keumgang & Taeback
Under 50 Years 1/1/1970 & 31/12/1979	Black Belt	Taeback & Pyongwon
Under 60 Years 1/1/1960 & 31/12/1969	Black Belt	Pyongwon&Shipjin
Under 65 Years 1/1/1955 & 31/12/1959	Black Belt	Pyongwon&Shipjin
Over 65 Years 1/1/1954	Black Belt	Pyongwon, &Jitae

<b>Senior - Pair &amp; Group Poomsae Details</b>		
Under 30 Years 1/1/1990 & 31/12/2002	<b>Black Belt</b>	Keumgang&Taeback
Over 30 Years 1/1/1989 above	<b>Black Belt</b>	Taeback&Pyongwon