



3rd NATIONAL OPEN KYORUGI & POOMSAE TAEKWONDO CHAMPIONSHIPS : 2024

21st to 23rd June 2024

Mahatma Gandhi Indoor Stadium, Salem, Tamil Nadu.

Organizer : TAMIL NADU TAEKWONDO ASSOCIATION & SALEM DISTRICT AMATEUR TAEKWONDO ASSOCIATION

Promoter : TAEKWONDO FEDERATION OF INDIA

OUTLINE **RULES & REGULATIONS**

1. Date & Place	21 st to 23 rd June 2024 Mahatma Gandhi Indoor Stadium, Salem, Tamil Nadu.
2. Promoter	TAEKWONDO FEDERATION OF INDIA Taekwondo Training Hall, Dr. B.R. Ambedkar Stadium, Basaveshwara Nagar, Bangalore:560079, Karnataka. Mob: 8698690793 / Email: indtkd17@gmail.com / secretarygeneraltfi22@gmail.com .
3. Organizer	SALEM DISTRICT AMATEUR TAEKWONDO ASSOCIATION & TAMIL NADU TAEKWONDO ASSOCIATION # 646/4, Govindasamy St., Vanniyar Nagar, Periyapudhur, Salem : 636016. Contact Person: Shri. P. Selvamani, Secretary-TNTA, Mob: 9443496302
4. Qualification	Holder of TFI ID Card. Holder of Green Belt & above Certificate for Sub-Junior & Cadet Boy & Girl Athletes. Junior & Senior Athletes should be Kukkiwon Black Belt holders. <ol style="list-style-type: none">1. Sub-Junior Boy & Girl Athletes aged between 7 & 11+ Years (Born between 01/01/2013 & 31/12/2017) are eligible in both Kyorugi & Poomsae Events. Athlete should be holder of Green Belt & above issued by our affiliated STA.2. Cadet Boy & Girl Athletes aged between 12 & 14 Years (Born between 01/01/2010 & 31/12/2012) are eligible in both Kyorugi & Poomsae Events. Athlete should be holder of Green Belt & above issued by our affiliated STA.3. Junior Male & Female Athletes aged between 15 & 17 Years (Born between 01/01/2007 & 31/12/2009) are eligible in both Kyorugi & Poomsae Events. Athlete should be holder of Kukkiwon 1st Dan & above Certificate.4. Senior Male & Female Athletes aged 17 Years & Above (Born on or before 31/12/2007) are eligible in Kyorugi Events. Athlete should be holder of Kukkiwon 1st Dan & above Certificate.5. Senior Male & Female Athletes aged 18 Years & Above (Born on or before 31/12/2006) are eligible in Poomsae Events. Athlete should be holder of Kukkiwon 1st Dan & above Certificate. Age will be calculated based on the year 2024. Recommended by the President / Secretary of Affiliated State Taekwondo Association. Sub-Junior & Cadet Athletes should be Green Belt & above holders. Junior & Senior Athletes should be Kukkiwon Black Belt holders.
5. Competition Rules	World Taekwondo New Competition Rules. Single Elimination Tournament System. <u>Please Note Change in the Weight Categories of Cadet Competitions.</u>



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	<p>Entry Fees is Rs. 2000/- Each Player in Kyorugi. Entry Fees for Poomsae Events :- Individuals Division: Rs. 1500/- per Player. Pairs Division :Rs. 1800/- per Pair. Team Division :Rs. 2000/- per Group.</p>
6. Entry Fee	<p>Entry Fees should be deposited in Bank account details given below : Name of Bank : The Federal Bank Ltd Account Number : 15270100047317 Account Holder :Salem District Amateur Taekwondo Association IFSC : FDRL0001527 Google form link for submission of Entry Forms will be sent shortly. The Last Date for Receipt of Entry Forms along-with relevant documents is 15/06/2024 Positively.</p>
7. Protective Equipment	<p>Championships will be conducted for Junior & Senior in Protective Scoring System (PSS) & for Sub-Junior & Cadet in Electronic Scoring System (ESS). Organizers will provide e-Head Guard & e-Chest Guard & Sensor Socks. Participants must bring their own Shin Guard, Forearm Guard, Groin Guard, Mouth Guard.</p>
8. Appointment of Referees	<p>The required number of Referees will be appointed by TFI. These Referees will be provided Boarding and Lodging during the Championships.</p>
9. Condition Of Participation	<p>(a) Participants have to make their own arrangement for Boarding & Lodging during their stay in Salem for the Championships. For any assistance they can contact organizers. (b) Drawing Of Lots :- Team Officials should be present for Drawing of Lots. Absentees will be substituted by UPTA officials. (c) Weigh-In will be done at the designated time and venue. Absentees will be disqualified. Original Birth Certificate & TFI Id Card should be produced at the time of Weigh-In. (d) A Security Deposit of Rs. 1000.00 should be remitted by each Team at the time of Registration which will be refunded during departure after clearing any Loss or Damage cost of stadium / accommodation property, if any.</p>
10. Indemnities	<p>It shall be responsibility of the respective STA to ensure that their Contestants have validly completed the participation forms and have them signed by the Parents / Guardian and contestants indemnifying the Organizers, the Officials and other Contestants from any Claims or Injuries, Losses, Fatal or Otherwise arising in the course of Participation in this Championship or any activities there to. The Application Forms not signed by Parents / Guardians will not be accepted.</p>
11. Protest Any	<p>If In case, there is objection towards a judgment, concerned Coach / Manager must submit the Protest Application Form together with prescribed fee of Rs. 1000.00 (Non-Refundable) to the Board of Arbitration within ten minutes after the pertinent contest. Deliberation will be done as per WT Rules.</p>



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12. Awards	I st Place	: Gold Medal
	II nd Place	: Silver Medal
	III rd Place	: Two Bronze Medals
13. Medical Control	(A) Use Of Drugs Or Doping By Any Chemical Substances Prescribed In the WT Regulations For Doping Control Are Strongly Prohibited.	

SUB-JUNIOR DIVISION

Wt. Category	Sub-Junior Boys	Wt. Category	Sub-Junior Girls
Under 16 Kg	Not exceeding 16 Kgs	Under 14 Kg	Not exceeding 14 Kgs
Under 18 Kg	Over 16 Kgs & Not Exceeding 18 Kgs	Under 16 Kg	Over 14 Kgs & Not Exceeding 16 Kgs
Under 21 Kg	Over 18 Kgs & Not Exceeding 21 Kgs	Under 18 Kg	Over 16 Kgs & Not Exceeding 18 Kgs
Under 23 Kg	Over 21 Kgs & Not Exceeding 23 Kgs	Under 20 Kg	Over 18 Kgs & Not Exceeding 20 Kgs
Under 25 Kg	Over 23 Kgs & Not Exceeding 25 Kgs	Under 22 Kg	Over 20 Kgs & Not Exceeding 22 Kgs
Under 27 Kg	Over 25 Kgs & Not Exceeding 27 Kgs	Under 24 Kg	Over 22 Kgs & Not Exceeding 24 Kgs
Under 29 Kg	Over 27 Kgs & Not Exceeding 29 Kgs	Under 26 Kg	Over 24 Kgs & Not Exceeding 26 Kgs
Under 32 Kg	Over 29 kgs & Not Exceeding 32 Kgs	Under 29 Kg	Over 26 Kgs & Not Exceeding 29 Kgs
Under 35 Kg	Over 32 Kgs & Not Exceeding 35 Kgs	Under 32 Kg	Over 29 Kgs & Not Exceeding 32 Kgs
Under 38 Kg	Over 35 Kgs & Not Exceeding 38 Kgs	Under 35 Kg	Over 32 Kgs & Not Exceeding 35 Kgs
Under 41 Kg	Over 38 Kgs & Not Exceeding 41 Kgs	Under 38 Kg	Over 35 Kgs & Not Exceeding 38 Kgs
Under 44 Kg	Over 41 Kgs & Not Exceeding 44 Kgs	Under 41 Kg	Over 38 Kgs & Not Exceeding 41 Kgs
Under 50 Kg	Over 44 Kgs & Not Exceeding 50 kgs	Under 47 Kg	Over 41 kgs & Not Exceeding 47 Kgs
Under 60 Kg	Over 50 Kgs & Not exceeding 60 Kgs	Under 57 Kg	Over 47 Kgs & Not exceeding 57 Kgs

JUNIOR DIVISION

Wt. Category	Junior Boys	Wt. Category	Junior Girls
Under 45kg	Not exceeding 45kg	Under 42kg	Not exceeding 42 kg
Under 48kg	Over 45 kg & Not exceeding 48 kg	Under 44kg	Over 42 kg & Not exceeding 44 kg
Under 51kg	Over 48 kg & Not exceeding 51 kg	Under 46kg	Over 44 kg & Not exceeding 46 kg
Under 55kg	Over 51 kg & Not exceeding 55 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg



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Under 59kg	Over 55 kg & Not exceeding 59 kg	Under 52kg	Over 49 kg & Not exceeding 52 kg
Under 63kg	Over 59 kg & Not exceeding 63 kg	Under 55kg	Over 52 kg & Not exceeding 55 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 59kg	Over 55 kg & Not exceeding 59 kg
Under 73kg	Over 68 kg & Not exceeding 73 kg	Under 63kg	Over 59 kg & Not exceeding 63 kg
Under 78kg	Over 73 kg & Not exceeding 78 kg	Under 68kg	Over 63 kg & Not exceeding 68 kg
Over 78kg	Over 78 kg	Over 68kg	Over 68 kg

SENIOR DIVISION

Wt. Category	Senior Men	Wt. Category	Senior Women
Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46 kg
Under 58kg	Over 54 kg & Not exceeding 58 kg	Under 49kg	Over 46 kg & Not exceeding 49 kg
Under 63kg	Over 58 kg & Not exceeding 63 kg	Under 53kg	Over 49 kg & Not exceeding 53 kg
Under 68kg	Over 63 kg & Not exceeding 68 kg	Under 57kg	Over 53 kg & Not exceeding 57 kg
Under 74kg	Over 68 kg & Not exceeding 74 kg	Under 62kg	Over 57 kg & Not exceeding 62 kg
Under 80kg	Over 74 kg & Not exceeding 80 kg	Under 67kg	Over 62 kg & Not exceeding 67 kg
Under 87kg	Over 80 kg & Not exceeding 87 kg	Under 73kg	Over 67 kg & Not exceeding 73 kg
Over 87kg	Over 87 kg	Over 73kg	Over 73 kg

There is change in Weight Categories in CADET DIVISION and effective from 1st January 2023, Cadet Division is being divided into 10 Categories which includes both WEIGHT & HEIGHT. We give below details of WEIGHT & HEIGHT CATEGORIES OF CADET DIVISION for your ready reference and implementation in your State Championships because our forthcoming National Cadet Taekwondo Championships will be based on the following Categories.

CADET WEIGHT CATEGORY

CADET MALE			CADET FEMALE		
Category	Height in Cms	Min & Max Weight	Category	Height in Cms	Max Weight
Under 148 cms	Not exceeding 148 cms	33Kg-45Kg	Under 144 cms	Not exceeding 144 cms	32Kg-43Kg
Under 152 cms	Over 148 cms & not exceeding 152 cms	35Kg-48Kg	Under 148 cms	Over 144 cms & not exceeding 148 cms	33Kg-45Kg
Under 156 cms	Over 152 cms & not exceeding 156 cms	37Kg-51Kg	Under 152 cms	Over 148 cms & not exceeding 152 cms	35Kg-48Kg
Under 160 cms	Over 156 cms & not exceeding 160 cms	39Kg-53Kg	Under 156 cms	Over 152 cms & not exceeding 156 cms	37Kg-51Kg
Under 164 cms	Over 160 cms & not exceeding 164 cms	41Kg-56Kg	Under 160 cms	Over 156 cms & not exceeding 160 cms	39Kg-53Kg



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Under 168 cms	Over 164 cms & not exceeding 168 cms	43Kg-59Kg	Under 164 cms	Over 160 cms & not exceeding 164 cms	41Kg-56Kg
Under 172 cms	Over 168 cms & not exceeding 172 cms	45Kg-61Kg	Under 168 cms	Over 164 cms & not exceeding 168 cms	43Kg-59Kg
Under 176 cms	Over 172 cms & not exceeding 176 cms	47Kg-64Kg	Under 172 cms	Over 168 cms & not exceeding 172 cms	45Kg-61Kg
Under 180 cms	Over 176 cms & not exceeding 180 cms	49Kg-67Kg	Under 176 cms	Over 172 cms & not exceeding 176 cms	47Kg-64Kg
Over 180 cms	Over 180 cms	52Kg-80Kg	Over 176 cms	Over 176 cms	50Kg-75Kg

Poomsae

Classification of Competition	MEN'S INDIVIDUAL CATEGORY
	WOMEN'S INDIVIDUAL CATEGORY
	MIXED PAIR CATEGORY (1 Male & 1 Female)
	MEN'S GROUP CATEGORY (3 Male)
	WOMEN'S GROUP CATEGORY (3 Female)

COMPETITION FORMAT

Division	Competition	Syllabus
Sub-Junior Under 12 Yrs	Individual, Mixed Pair & Group Category	Taegeuk 2, 3, 4, 5, 6, 7, 8 Jang.
Cadet Under 14 Yrs	Individual, Mixed Pair & Group Category	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang.
Junior Under 17 Yrs	Individual, Mixed Pair & Group Category	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon
Senior Under 30 Yrs	Individual, Mixed Pair & Group Category	Taeguk 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
Senior Under 40 Yrs	Individual	Taeguk 6, 7, 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae
Senior Under 50 Yrs	Individual	Taegeuk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
Senior Under 60 Yrs	Individual	Koryo, Keumgang, TaebackPyongwon, Shipjin, Jitae, Chonkwon, Hansu
Senior Under 65 Yrs		
Senior Over 65 Yrs		
Senior Over 30 Yrs	Mixed Pair & Group Category	Taeguk 8 Jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon

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